MARCH 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Feb. 27	Feb. 28	March 1	March 2	March 3
BBQ Shredded Pork on a Bun	Swiss Steak	Baked Ziti w/Cheese	Roast Beef	Baked Cod
Oven Roasted Potatoes	Parsley Buttered Potatoes	Mixed Vegetables	Mashed Potatoes w/Gravy	Cowboy Potatoes
Boston Baked Beans	Carrots	Mixed Greens w/Dressing	Green & Wax Beans	California Blend Vegetables
Tropical Fruit	Waldorf Salad	Banana	Sunshine Salad	Peach Slices w/Cottage Cheese
Blueberry Cobbler	Rice Krispie Bar	Cookie – Baker's Choice	Cheesecake w/Fruit Topping	Gingerbread w/Topping
March 6	March 7	March 8	March 9	March 10
Oven Baked Chicken Breast	Spaghetti Casserole w/Meat	Orange Glazed Pork Chop	Swedish Meatballs	Broccoli Soup
Sweet Potatoes	French Bread	Duchess Potatoes	Mashed Potatoes	Tuna Salad on Whole Wheat Bread
Peas & Carrots	Seven Layer Salad	Broccoli	Stewed Tomatoes	Rosy Pears
Fruit Cocktail	Pineapple Rings	Applesauce Gelatin	Maple Baked Beans	Ambrosia Salad
Lemon Poppy Seed Cake	Peanut Butter Cookie	Raspberry Oatmeal Bar	Scotcheroo	Frosted Cake
March 13	March 14	March 15	March 16	March 17
Meatloaf	Parmesan Chicken Breast	Roast Beef w/Gravy	Corned Beef	Seafood Alfredo Casserole
Cowboy Potatoes	Oven Browned Potatoes	Mashed Potatoes	Cooked Cabbage	Mixed Vegetables
Romaine Salad w/Dressing	Baked Beans	Seasoned Beets	Baby Red Potatoes	Spinach Salad
Peach Slices	Copper Penny Salad	Fruit n' Yogurt Salad	Normandy Vegetables	Chunky Applesauce
Oatmeal Raisin Cookie	Blonde Brownie	Marble Cake	Pistachio Pudding Pie Square	Chocolate Revel Bar
March 20	March 21	March 22	March 23	March 24
Calico Bean Casserole	Tomato Soup	Sloppy Joe on a Bun	Honey Glazed Ham	Salmon Loaf
California Blend Veg.'s	Chicken Salad Sandwich	Sweet Potato Wedges	Au Gratin Potatoes	Baked Potato
Pears	Aunt Carol's Salad	Broccoli & Raisin Salad	Dilled Carrots	Creamed Peas
Chocolate Éclair Dessert	Mandarin Oranges	Pineapple Chunks	Mixed Greens w/Dressing	Tropical Fruit
	Rice Krispie Bar	Frosted Pumpkin Square	Frosted Cake	Cherry Cobbler
March 27	March 28	March 29	March 30	March 31
Porcupine Meatballs	Hamburger on a Bun	Chicken & Noodle Casserole	Baked Pork Chop	Baked Potato Soup (1 cup)
Sweet Potatoes	w/Onions and Mushrooms	w/Vegetables	Scalloped Potatoes	Egg Salad on Whole Wheat Bread
Buttered Corn	Tater Tots	Romaine Salad w/Dressing	Seasoned Peas	Aunt Carol's Salad
Fruit n' Yogurt Salad	Baked Beans	Fruit Cocktail	Cucumber Tomato Salad	Banana
Pineapple Upside Down Cake	Coleslaw	Snickerdoodle Cookie	Creamy Apple Bar	Cookie – Baker's Choice
	Oatmeal Fudge Bar			

All menus are prepared in kitchens that are not allergen free. We cannot guarantee that food allergens will not be transferred through cross contact and therefore cannot offer a substitution item for food allergies, intolerances, or personal food preferences.